

Society Rosicruciana in Anglia

Province of the Home Counties

Thomas á Beckett College's 30th Anniversary of Service

Awareness Day

To be held at Wokingham Masonic Centre

The Musings of a Past Celebrant No 3

The Chemical Body is not really under our control

That is to say: when two chemicals meet there is a reaction. We can choose what to mix, but the reaction is science.

At one time the chemical body stood still and waited for the elements to blow or heat and drift their way. Then 'intelligence' came up with the idea to place the chemical body within an animal body. Thus the chemical body is transported about.

The chemical body creates control by excreting chemicals that affect our hunger pangs, physical and sexual energy and hankering after 'health foods'.

Thus we eat or should eat, for two basic reasons. To provide energy for motivation and defence of our bodies and we should also eat selectively to maintain our immune system to prolong our life. We could call these instincts.

The 'Five and Two Diet' has at its core the concept that by not eating for two days the body cleans the digestive system but, perhaps more importantly, produces chemicals to enhance the brain cells believing that failure to eat is a failure to ensnare food — you need to get smarter!

The animal body is controlled by our emotions and the sense of touch — pain or pleasure.

The Seven Emotions in ascending order of personal development are:

Enthusiasm: The ability to work with unconditional love.

Pain: The result of being unable to work with true love.

Anger: Failure to rise above the annoyances of personality.

Fear: Caused by the failure to perceive the true reality.

Grief: Is when we feel hard done by. Why me? This is not fair!

Apathy: I do not care, it is not my problem. I do not wish to know.

Unconscious: I am not aware; I am sleepwalking through my life.